

# LIMESTONE COAST DISABILITY SERVICE PROVIDER DIRECTORY



Updated August 2019

Provider	Description of Services	Registration Group	Phone	Website	Email	Address
1 Stop Health Pty Ltd	One Stop Paediatric Services is a specialised centre offering a range of developmental therapies for all children 0 to 18 years of age.	Assist Prod-Pers Care/Safety, Assistive Equip-Recreation, Assistive Prod-Household Task, Comms & Info Equipment, Custom Prosthetics, Early Childhood Supports, Personal Mobility Equipment, Therapeutic Supports	P: 08 8725 5383	<a href="http://www.1stophealth.com.au">www.1stophealth.com.au</a>	taniathompson@netspace.net.au	1 Eleanor St, Mount Gambier, SA 5290
Bedford	In Millicent, we employ people with an NDIS Plan in our Laundry and Garden Businesses.  In Mount Gambier, we employ people with an NDIS Plan in Timber & Manufacturing and Garden Businesses.  We are an Australian Disability Enterprise.	Employment	Millicent P: (08) 8733 2966  Mount Gambier P: (08) 8725 6088	<a href="http://www.bedfordgroup.com.au">www.bedfordgroup.com.au</a>	<a href="mailto:tbowering@bedfordgroup.com.au">tbowering@bedfordgroup.com.au</a>  <a href="mailto:pgolding@bedfordgroup.com.au">pgolding@bedfordgroup.com.au</a>	16 - 18 George St Millicent SA 5280  38 Attamura Rd Worrolong SA 5291
Benevolent Society/inclusive Directions		Support Coordination	P: 0481092986	<a href="http://www.benevolent.org.au">www.benevolent.org.au</a>	<a href="mailto:belinda.mclaren@benevolent.org.au">belinda.mclaren@benevolent.org.au</a>	
Bianca Jane Vanstone	Limestone Speech provides clinic and school-based speech pathology services to children in the Limestone Coast region.	Comms & Info Equipment, Early Childhood Supports, Therapeutic Supports	0423 412 580		bianca@limestonespeech.com.au	1a Mcrae St, Naracoorte, SA 5271
Boandik	Boandik enables older people and people with disabilities to live how, and where they choose. Promoting	Assist Personal Activities, Assist-Life Stage, Transition Assist-Travel/Transport Community Nursing Care Development-Life Skills	P: 08 8725 7377	<a href="http://www.boandik.org.au">www.boandik.org.au</a>	admin@boandik.org.au	Boandik Lodge, 101 Lake Terrace, Mount Gambier, SA 5290

	independence and wellness, providing a choice of service, respecting the individual, enabling dignity.	Group/Centre Activities Household Tasks Participate Community Personal Activities High Plan Management Therapeutic Support				
Cara	Cara offers services to a large range of people with disabilities, both Adults and Children our current services we offer include. 24 hour care, Home and Community support, Kids Club, and Kids camps.		P: (08) 8347 4588	<a href="http://cara.org.au">cara.org.au</a>		Office 3, Group Training Employment building 173 Commercial St West, Mount Gambier 5290
Carers SA	Carers SA provides information on services and support available for carers. Our friendly highly trained and experienced staff can assist you to navigate the system and support you to make informed choices about your caring role. We will tailor advice and information to your specific needs. We offer Carer Support, Respite, Counselling, Training and Information Sessions.		P: 08 8724 8700 Or Freecall: 1800 242 636	<a href="mailto:secarers@carers-sa.asn.au">secarers@carers-sa.asn.au</a>	<a href="http://www.carers-sa.asn.au">www.carers-sa.asn.au</a>	20 Percy Street, Mount Gambier, South Australia, 5290 PO Box 145, Mount Gambier SA 5290
Center For Communication Disorders T/S L	Offering services in a playful environment that enables clients to maximize their full developmental potential.	Early Childhood Supports, Personal Mobility Equipment, Therapeutic Supports.	0421 432 661	<a href="http://www.speechhearing.com.au">www.speechhearing.com.au</a>	<a href="mailto:speechhearing.com.au@gmail.com">speechhearing.com.au@gmail.com</a>	Shop 1, 30 Shepherdson Road, Mount Gambier, SA 5290

Community Counselling & Care Pty. Ltd.	Counselling services with Mental Health Professionals.	Therapeutic Supports	08 8725 1843	<a href="http://www.communitycounsellingandcare.com.au/">www.communitycounsellingandcare.com.au/</a>	daniel@communitycounsellingandcare.com.au	50a James St, Mount Gambier, SA 5290
Community Living Australia	Community Living Australia provides day options, accommodation, in-home support, respite for people with disabilities in the Limestone Coast		P:(08) 8536 5888 DIRECT: (08) 8725 9057	<a href="http://claut.com.au">claut.com.au</a>		
Comrec	Comrec Mount Gambier is a Day Option and Respite provider for people with a disability. We offer a service five days a week for forty-eight weeks of the year. As part of our daily services we also offer bus runs to and from Millicent and Penola as well as local transport.		P: (08) 8723 0400	<a href="http://www.comrec.com.au">www.comrec.com.au</a>	shaya@comrec.com.au	1 Milton Street Mount Gambier SA 5290
Country Health Connect	Country Health Connect offers a wide range of community, in-home and residential aged care, early childhood and disability support services. Our services will help you or your loved one stay well, active and independent. Our professional and well trained staff will work with you to find solutions to keep you well and independent at home.		P: 1800 003 307 We have Country Health Connect offices in Mt Gambier, Millicent, Naracoorte, Keith and Bordertown (Tatiara)	<a href="https://countryhealthconnect.sa.gov.au">https://countryhealthconnect.sa.gov.au</a>		4 James Street, Mount Gambier, SA 5290

	<p>Also provide all allied health services. Usually Physio, OT (including equipment provision, equipment prescriptions), Dietetics, Speech Pathology and Podiatry Run a centre based respite program called the Rainbow Club. This is namely set up for aged care, however we have many NDIS clients also.</p>					
Dickins, Meredith Joan		Comms & Info Equipment, Innov Community Participation	P: 0439 809 088		<a href="mailto:merryjdickins@gmail.com">merryjdickins@gmail.com</a>	13 Tenison Dr, Mount Gambier, SA 5290
Disability Community Services Country SE	Disability Community Services Country SE is an NDIS Registered Provider.	Assist-Life Stage, Transition, Behaviour Support, Early Childhood Supports, Support Coordination, Therapeutic Supports	P: 08 8735 1800	<a href="http://www.dcsi.sa.gov.au">www.dcsi.sa.gov.au</a>	<a href="mailto:dhsdisabilitycommunityservices@sa.gov.au">dhsdisabilitycommunityservices@sa.gov.au</a>	9 Elizabeth St, Mount Gambier, SA
Equipt Mobility	Equipt Mobility strive to maintain the lowest prices possible for our customers. We have equipment for hire and for sale.	Assist Prod-Pers Care/Safety, Personal Mobility Equipment	P: 0438 821 790	<a href="http://www.equiptmobility.com/">www.equiptmobility.com/</a>	sheena6589@gmail.com	1 Canavan Road, Mount Gambier, SA 5290
Eureka Care Communities	Provide quality and affordable rental accommodation for seniors.	Accommodation/Tenancy, Assist Personal Activities, Daily Tasks/Shared Living, Development-Life Skills, Group/Centre Activities, Household Tasks, Participate Community, Personal Activities High	P: 08 8725 3209	<a href="http://www.eurekavillages.com.au/village/mount-gambier-retirement-village-mount-gambier/">www.eurekavillages.com.au/village/mount-gambier-retirement-village-mount-gambier/</a>	<a href="mailto:theresa.purvis@eurekagroupholdings.com.au">theresa.purvis@eurekagroupholdings.com.au</a>	87 Gray Street, Mount Gambier, SA 5290
Evon Cheryl Davis		Accommodation/Tenancy, Assist-Travel/Transport, Assistive Prod-Household			<a href="mailto:evon.davis@hotmail.com">evon.davis@hotmail.com</a>	Strata Unit 1, 3 Gordon Street, Mount Gambier, SA 5290

		Task, Household Tasks, Innov Community Participation				
Good Country Physiotherapy		Assist Prod-Pers Care/Safety, Early Childhood Supports, Therapeutic Supports.	P: 08 8752 2330	<a href="http://www.goodcountryphysio.com.au">www.goodcountryphysio.com.au</a>	<a href="mailto:manager@goodcountryphysio.com.au">manager@goodcountryphysio.com.au</a>	6 Woolshed St, Bordertown, SA 5268
Gurry, Paulette		Assist-Travel/Transport	P: 0418 280 063		<a href="mailto:paulettg760@gmail.com">paulettg760@gmail.com</a>	CONFIDENTIAL
Homecare Plus	Homecare+ provides client focused services in a variety of settings including the clients own home, the community, recreational venues, supported accommodation locations, this includes, cleaning, meal preparation, personal care and procedures which are over seen by our Registered Nurse team.		P: (08) 8726 7200	<a href="http://www.homecareplus.asn.au">www.homecareplus.asn.au</a>		Shop 6 Ripley Arcade Mount Gambier SA 5290
Icanphysio	The iCAN PHYSIO Practice and Occupational Health Service is a business built on exceptional clinical experience to ensure clear assessment with quality advice and treatment to help you achieve your goals.	Therapeutic Supports	P: 08 8797 8850	<a href="http://www.icanphysio.com.au">www.icanphysio.com.au</a>	<a href="mailto:admin@icanphysio.com.au">admin@icanphysio.com.au</a>	190 Commercial Street East, Mount Gambier, SA 5290
In Good Health... For Life		Therapeutic Support	0403 535 156	<a href="http://www.ingoodhealth.net.au">www.ingoodhealth.net.au</a>	<a href="mailto:cheryl-ann@outlook.com.au">cheryl-ann@outlook.com.au</a>	CONFIDENTIAL
Lawless, Linda		Assistive Prod-Household Task, Household Task, Innov Community Participation	P: 0401 090 308		seamus15@bigpond.net.au	10 Brolga Street, Mount Gambier, SA 5290
Limestone Speech	Provide excellent care at affordable cost.					

	Center for Communication Disorders provides diagnostic and rehabilitative Speech Pathology and Audiology Services for people of all ages.					
Megan Heffernan Paediatric Occupational	Early Childhood Intervention	Behaviour Support, Early Childhood Supports, Therapeutic Supports	P: 0455 542 251		<a href="mailto:mheffernan.ot@gmail.com">mheffernan.ot@gmail.com</a>	13 Clover Crescent, Naracoorte, SA 5271
Minda	<p>Minda Provide: Mentoring Service: Assisting participants in learning life skills, developing social networks, engaging in social activities, providing guidance for life issues and accessing community activities. Suitable for any age; a buddy style program which aims to match mentors and mentees with similar interests.</p> <p>In Home Support: Assisting participants meet their NDIS goals in their homes. A flexible service which assists customers in a broad range of activities including shopping, cooking, meal planning, cleaning, personal care and day-to-day living tasks.</p>		P: 08 7231 4974 Free Call: 1800 164 632			3/28 Commerce Arcade, Commercial Street West, Mount Gambier SA 5290

	Supported Independent Living Services (SILS): 24/7 services provided for participants to be supported independently in their homes. Support provided is varied and dependent upon the participants' NDIS goals.					
Miroma Cottage Incorporated	Miroma is a not-for-profit organisation that provides services and programs for people of all ages living with disability in Mount Gambier	Accommodation/Tenancy, Assist Personal Activities, Assist-Travel/Transport, Daily Tasks/Shared Living, Development-Life Skills, Group/Centre Activities, Household Tasks, Innov Community Participation, Participate Community, Personal Activities High, Specialised Disability Accommodation	P: 08 8725 0681	<a href="http://www.miromainc.com.au">www.miromainc.com.au</a>	<a href="mailto:anneliese@miromainc.com.au">anneliese@miromainc.com.au</a>	14 Krummel Steet Mount Gambier, SA 5290
Mission Australia Local Area Coordinator	Mission Australia is supporting the roll out of the National Disability Insurance Scheme (NDIS) through the delivery of Local Area Coordination (LAC) in the Limestone Coast. Local Area Coordinator staff will work with individuals who are eligible to access the NDIS, along with their family and carers, to identify individual needs and supports to help NDIS participants to achieve		P: 1800 931 543.			15a Sturt Street Mount Gambier SA 5290



	their goals. LAC's will develop an NDIS plan with the participant, support individuals to link into mainstream and community focussed services within their local community, and be the local contact point for NDIS participants.					
Mitchell, Nicole C		Behaviour Support, Early Childhood Supports, Innov Community Participation	0417 820 052	N/A	<a href="mailto:nicolemitch@bigpond.com">nicolemitch@bigpond.com</a>	1 Savannah Court, Mount Gambier, SA 5290
Mokashi-Kumar, Priya		Assess-Skill, Ability, Needs			<a href="mailto:info@communicationdisorder.com.au">info@communicationdisorder.com.au</a>	1 Stop Paediatric Services, 1 Eleanor Street, Mount Gambier, SA 5290
Naracoorte Physiotherapy Clinic Pty. Ltd	Private practice that offers a diverse range of physiotherapy services in a modern, well equipped clinic.	Assist Prod-Pers Care/Safety, Early Childhood Supports, Therapeutic Supports	08 8762 8130	<a href="http://www.naracoortephysio.com">www.naracoortephysio.com</a>	npc101@bigpond.com	Moreton Bay House, 101 Jenkins Terrace, Naracoorte, SA 5271
New Life Psychology Services	Provide relevant, insightful and practical psychological intervention spanning areas such a mental and emotional health, behaviour, learning difficulties and relationships that positively impacts individuals, couples, and families.	Psychology, Counselling, Behavioural Management Support.	0424 027 373	<a href="http://www.newlifepsychology.com.au">www.newlifepsychology.com.au</a>	mail@newlifepsychology.com.au	186 Jubilee Highway West, Mount Gambier, SA 5290
Northcare Physio	Northcare has highly skilled physiotherapists, massage therapists, exercise physiologists, and psychologists who specialise in a broad	Physio, Group Therapy	08 8725 2423	<a href="http://www.northcare.com.au">www.northcare.com.au</a>	mtgambier@northcare.com.au	43 Helen Street, Mount Gambier, SA 5290

	range of assessment and treatment services.					
People First Community Care	Provides 24 hour respite, group supports/activities/trips, in home supports and more.	Assist Personal Activities, Assist Prod-Pers Care/Safety, Assist-Life Stage, Transition, Assist-Travel/Transport, Daily Tasks/Shared Living, Development-Life Skills, Group/Centre Activities, Household Tasks, Participate Community, Personal Activities High.	0458 745 202		bianka@peoplefirstcommunitycare.com.au	4 Davison Street, Mount Gambier, SA 5290
Orana	Orana creates opportunities for people with disability to live and work within their local community, fulfill their dreams and become valued and productive community members. We currently provide employment, training, skill development programs and life skills support.		P: 08 8725 7464	<a href="http://www.oranaonline.com.au">www.oranaonline.com.au</a>		59 Brownes road, Mount Gambier SA 5290
Scooters2go	Supplies leading brands and models but also a large range of accessories and expert service technicians. Scooters2Go also offers a hire service.	Personal Mobility Equipment	P: 0401 202 000	<a href="http://www.scooters2go.com.au/">www.scooters2go.com.au/</a>	scooters2go@bigpond.com	208 Commercial Street, Mount Gambier, SA 5290
Skylight	Skylight provides mental health support for people eligible for NDIS packages. Skylight can provide support in home or in the community and		P: (08) 8723 6533	<a href="http://www.skylight.org.au">www.skylight.org.au</a>		

	assist in applying for the NDIS.					
Smiles All Round	At Smiles All Round we offer a range of services to assist with meeting individual and family needs which is offered onsite, online and within in the home subject to location.	Assist Access/Maintain Employ, Assist-Life Stage, Transition, Behaviour Support, Early Childhood Supports, Support Coordination, Therapeutic Supports.	0430 022 705	<a href="http://www.smilesallround.com.au">www.smilesallround.com.au</a>	<a href="mailto:admin@smilesallround.com.au">admin@smilesallround.com.au</a>	162a Smith Street, Naracoorte, SA 5271
South East Family Psychology	Behavioural, Developmental/Social Learning, Family Based Psychology	Behaviour Support, Early Childhood Supports, Therapeutic Supports.	0402 032 883		<a href="mailto:careenlindsay@bigpond.com.au">careenlindsay@bigpond.com.au</a>	9 Kennedy Avenue, Mount Gambier, SA 5290
Sportsmed	Our surgeons specialise in preventative care, treatment and rehabilitation for a range of ailments, injuries and conditions including bone, joint, muscle, ligament, tendon, nerve and arthritis pain.	Physio, OT, Physicians	08 8362 7788	<a href="http://www.sportsmed.com.au">www.sportsmed.com.au</a>	<a href="mailto:ortho@sportsmed.com.au">ortho@sportsmed.com.au</a>	2 Buronga Avenue, Mount Gambier, SA 5290
Squashbrook Leisure & Fitness	Squashbrook provides health and wellbeing solutions for almost every member of the community, improving quality of life through improved energy, functionality, confidence and reduced disease risk.	Innov Community Participation	08 8725 5351	<a href="http://www.squashbrook.com.au/">www.squashbrook.com.au/</a>	<a href="mailto:caroline@squashbrook.com.au">caroline@squashbrook.com.au</a>	297 Commercial Street West, Mount Gambier, SA 5290
Tahlia Mullen	Experienced Occupational Therapist, providing OT support to people across the Limestone Coast of South Australia.	Assist Prod-Pers Care/Safety, Behaviour Support, Early Childhood Supports, Specialised Driver Training, Therapeutic Supports.	0409 281 021		<a href="mailto:tmullen.ot@gmail.com">tmullen.ot@gmail.com</a>	47 Margaret Street, Mount Gambier, SA 5290

Tatiara Handy Help		Household Tasks	08 8752 2569		<a href="mailto:khicks@unitedsa.com.au">khicks@unitedsa.com.au</a>	63 Farquhar Street, Bordertown, SA 5268
Telford, Alison Joy		Behaviour Support, Early Childhood Supports, Support Coordination, Therapeutic Supports.	0447 561 712		<a href="mailto:micahpsychology@hotmail.com">micahpsychology@hotmail.com</a>	Box 3204, Mount Gambier, SA 5290
Therapy For Life	Therapy for Life is a private physiotherapy practice that provides the highest quality evidence based care for people of all ages.	Custom Prosthetics, Early Childhood Supports, Personal Mobility Equipment, Therapeutic Supports.	08 8724 8114	<a href="http://www.therapyforlife.net.au">www.therapyforlife.net.au</a>	<a href="mailto:admin@therapyforlife.net.au">admin@therapyforlife.net.au</a>	Shop 2, 1 Compton Street, Mount Gambier, SA 5290
Thistle & Bee	Thistle & Bee are passionate about quality educational toys, learning resources and sensory supports to engage and educate people of all ages, ability or disability.	Assist Prod-Pers Care/Safety, Assistive Equip-Recreation, Assistive Prod-Household Task.	0428 372 819	<a href="http://www.thistleandbee.com.au">www.thistleandbee.com.au</a>	<a href="mailto:thistleandbee@outlook.com">thistleandbee@outlook.com</a>	28 Seaview Drive, Kingston SE, SA 5275
Time To Get Organised?	Helping you to reduce an excessive and disorganized accumulation of paper and 'stuff' in your home, office or garage.	Household Tasks	0488 775 213	<a href="http://www.timetogetorganised.com.au">www.timetogetorganised.com.au</a>	<a href="mailto:ttgo@gmail.com">ttgo@gmail.com</a>	CONFIDENTIAL
Total Therapy Solutions	Total Therapy Solutions provides Occupational Therapy Services to the Limestone Coast. We offer Occupational Therapy Assessments including Assistive Technology, Home Assessments, Sensory Assessments, Functional Assessments and many more to meet	Assist Prod-Pers Care/Safety, Assistive Equip-Recreation, Assistive Prod-Household Task, Home Modification, Personal Mobility Equipment, Support Coordination, Therapeutic Supports	0418 662 018		<a href="mailto:mreilly@outlook.com.au">mreilly@outlook.com.au</a>	CONFIDENTIAL

	<p>participant's individual needs. Our staff are located in Mount Gambier, Millicent, Naracoorte and Beachport.</p>					
<p>UnitingSA &amp; Wesley Social Enterprises</p>	<p>NDIS &amp; Disability Support. We can assist from eligibility and pre-planning to provide support services.</p> <p>Wesley Social Enterprises (WSE) is an NDIS service provider offering meaningful supported employment to people with a disability, who deliver high quality work across metropolitan and regional South Australia.</p>	<p>Registered NDIS Service provider</p> <p>NDIS Specialist Disability Employment Support – Australian Disability Enterprise.</p>	<p>Kingston SE P: 08 8767 2211</p>	<p><a href="http://unitingsa.com.au">unitingsa.com.au</a> <a href="http://wse.org.au/grandmas-pantry">wse.org.au/grandmas-pantry</a></p>	<p><a href="mailto:schester@unitingsa.com.au">schester@unitingsa.com.au</a></p>	<p>Wesley Social Enterprises Inc 23 Charles St • Kingston SE, SA 5275</p>
<p>UnitingSA</p>	<p>NDIS &amp; Disability Support. We can assist from eligibility and pre-planning to provide support services.</p>		<p>Bordertown P: 08 8752 2569</p>	<p><a href="http://unitingsa.com.au">unitingsa.com.au</a></p>	<p><a href="mailto:kwigney@unitingsa.com.au">kwigney@unitingsa.com.au</a></p>	<p>63 Farquhar St • Bordertown, SA 5268</p>
<p>Vanessa N Baylis And Associates Pty Ltd</p>	<p>Mental Health Psychologist</p>	<p>Behaviour Support, Development-Life Skills, Early Childhood Supports, Therapeutic.</p>	<p>08 8723 5921</p>		<p><a href="mailto:vanessabaylis2205@gmail.com">vanessabaylis2205@gmail.com</a></p>	<p>25 Jubilee Highway West, Mount Gambier, SA 5290</p>
<p>Victoria Walker</p>		<p>Early Childhood Supports, Personal Mobility Equipment, Therapeutic Supports.</p>	<p>0421 920 144</p>		<p><a href="mailto:victoria@southeastsp.eechpathology.com">victoria@southeastsp.eechpathology.com</a></p>	<p>47 Margaret Street, Mount Gambier, SA 5290</p>

Vivienne Jean Peate		Ex Phys Pers Training, Participate Community, Personal Activities High	08 8723 2460	<a href="http://www.swimskool.com.au">www.swimskool.com.au</a>	<a href="mailto:admin@swimskool.com.au">admin@swimskool.com.au</a>	Swimskool Mount Gambier, Keegan Street, Mount Gambier, SA 5290
Wood, Sheena Alice		Assist Prod-Pers Care/Safety	0438 821 790		<a href="mailto:Sheena6589@gmail.com">Sheena6589@gmail.com</a>	Shop 4 Canavan Road, Mount Gambier, SA 5290ca
Wright, Michelle		Innov Community Participation	0424 819 302		<a href="mailto:michelle@connectingyoungminds.com">michelle@connectingyoungminds.com</a>	CONFIDENTIAL
Your Podiatrist	Provides professional and expert diagnosis of foot, leg and postural problems. We offer comprehensive treatment plans for all occupations, sports and ages.	Custom Prosethtics, Therapeutic Supports	08 8724 7777	<a href="http://www.yourpodiatrist.com.au">www.yourpodiatrist.com.au</a>	mountgambier@yourpodiatrist.com.au	123 Commercial Street West, Mount Gambier, SA 5290